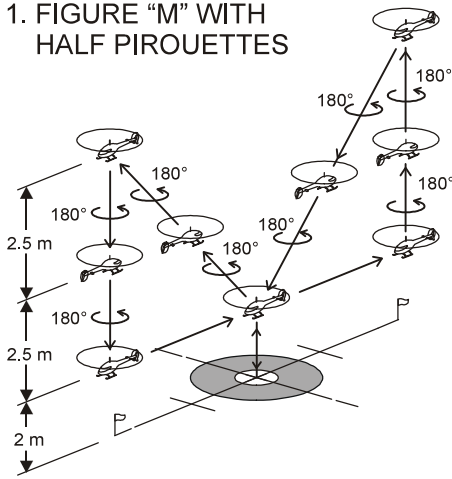
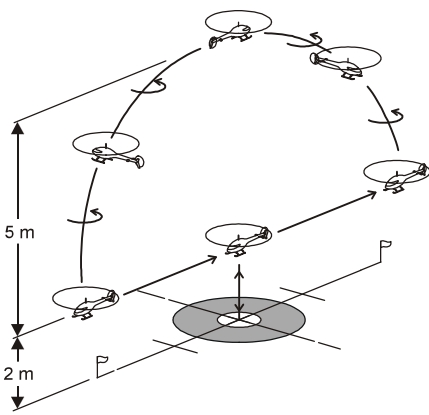


FIGURE 5D-P F3C MANOEUVRE SCHEDULE P

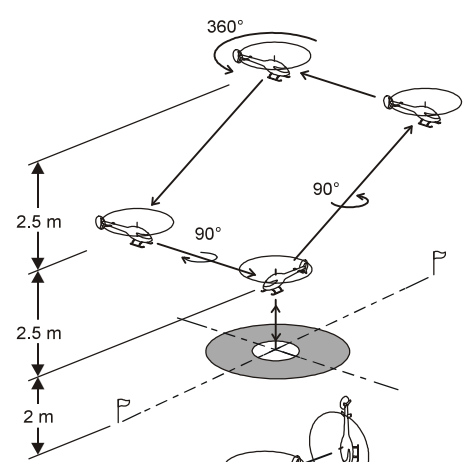
1. FIGURE "M" WITH HALF PIROUETTES



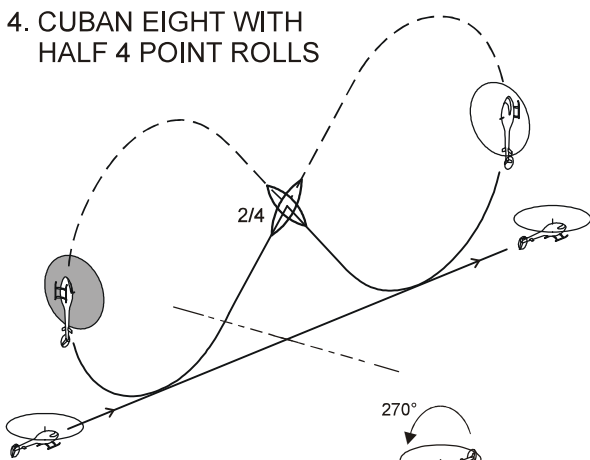
2. SEMI CIRCLE WITH PIROUETTE



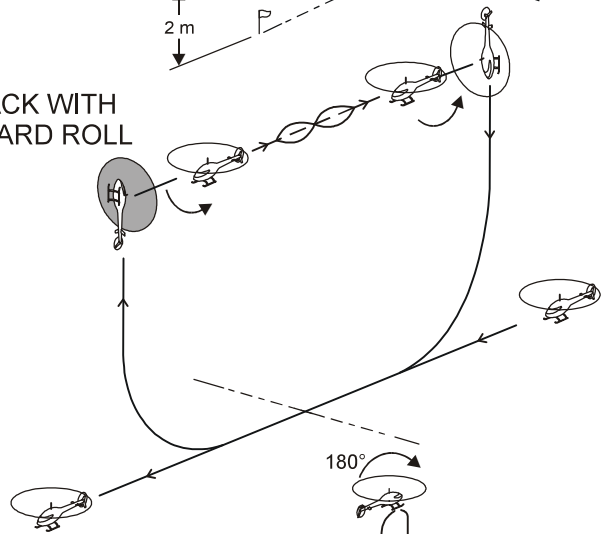
3. DIAMOND 3



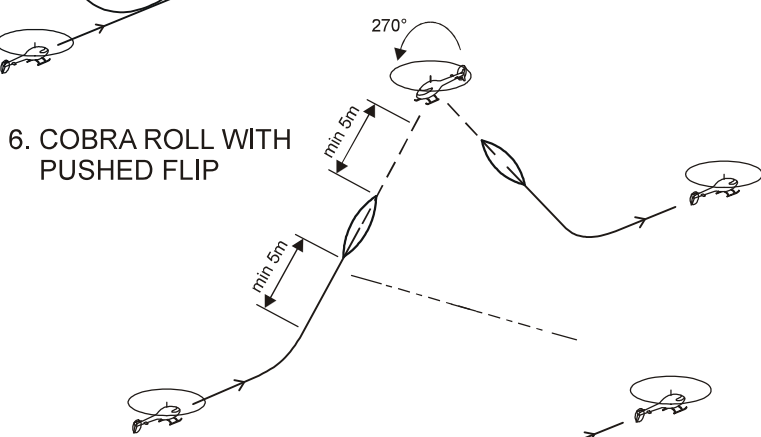
4. CUBAN EIGHT WITH HALF 4 POINT ROLLS



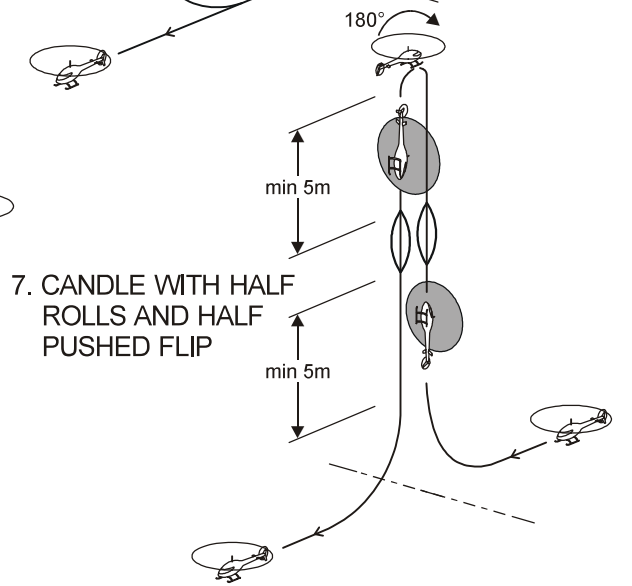
5. PULLBACK WITH BACKWARD ROLL



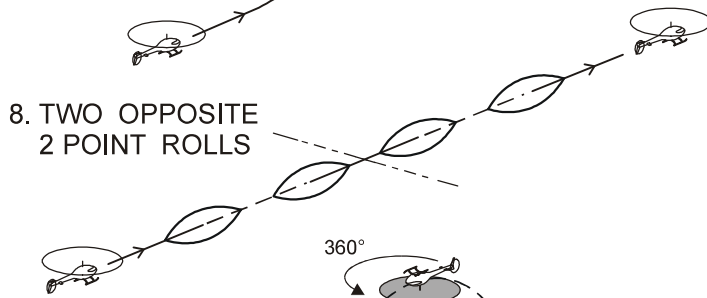
6. COBRA ROLL WITH PUSHED FLIP



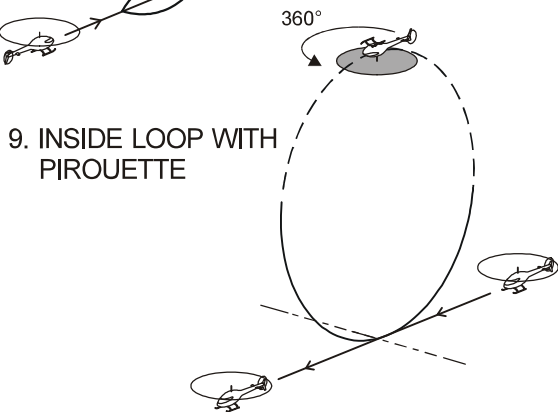
7. CANDLE WITH HALF ROLLS AND HALF PUSHED FLIP



8. TWO OPPOSITE 2 POINT ROLLS



9. INSIDE LOOP WITH PIROUETTE



10. AUTOROTATION WITH TWO 90° TURNS

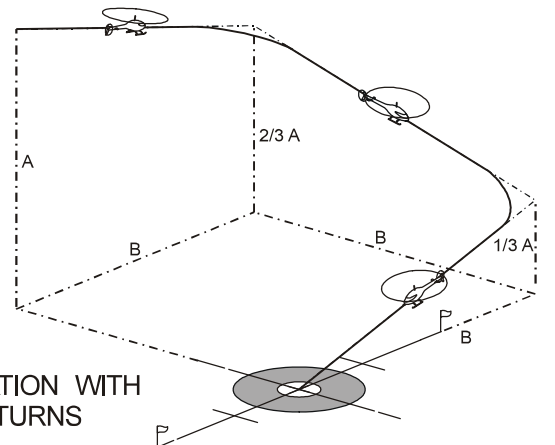
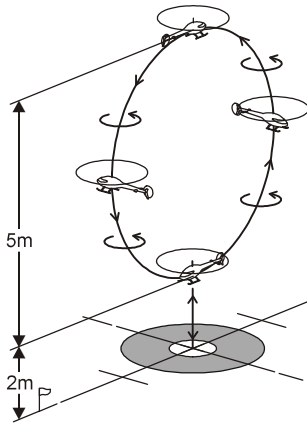
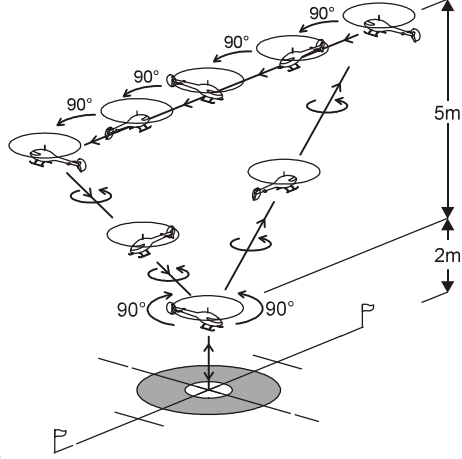


FIGURE 5D-F F3C MANOEUVRE SCHEDULE F

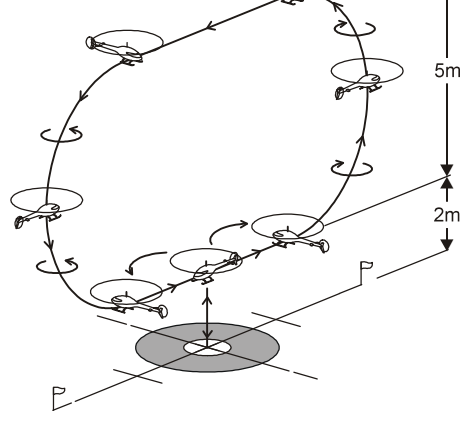
1. CIRCLE WITH 360° PIROUETTE



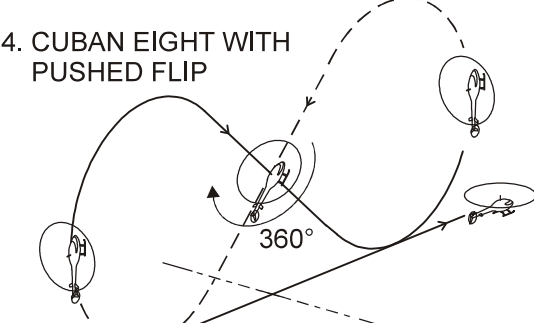
2. INVERTED TRIANGLE 2



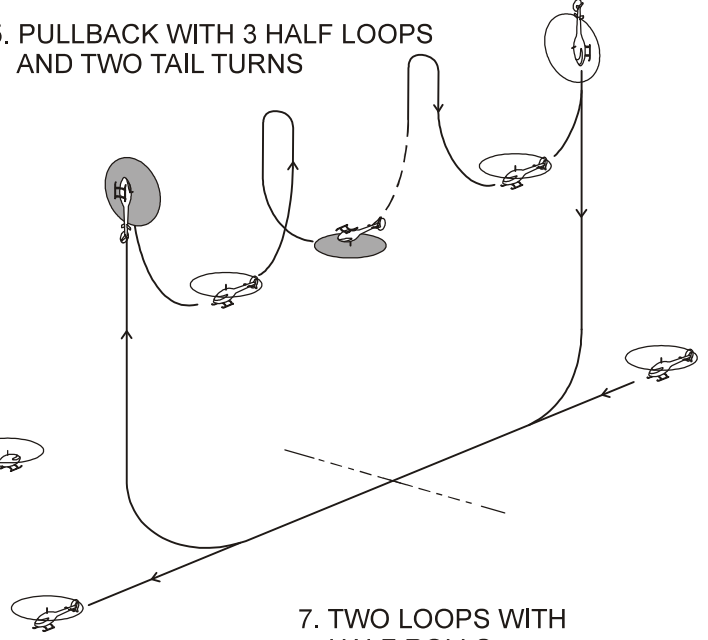
3. OVAL 1



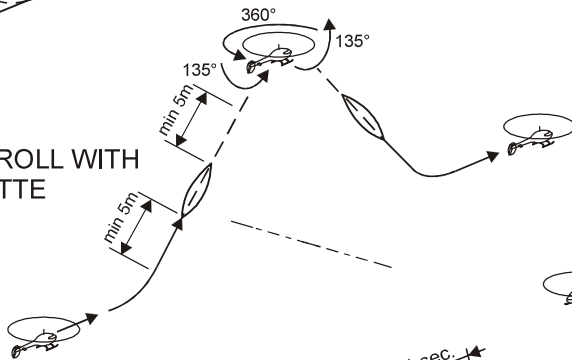
4. CUBAN EIGHT WITH PUSHED FLIP



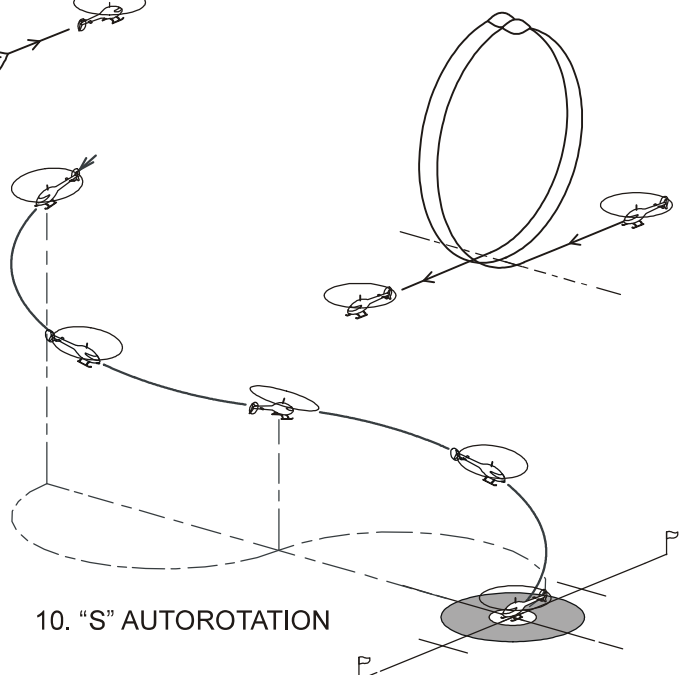
5. PULLBACK WITH 3 HALF LOOPS AND TWO TAIL TURNS



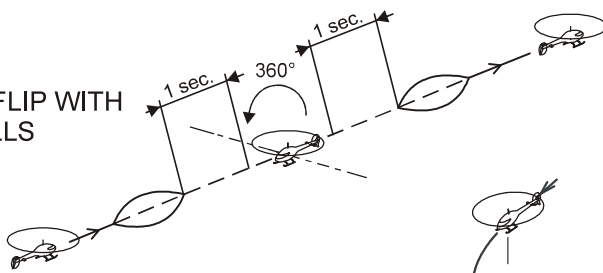
6. COBRA ROLL WITH PIROUETTE



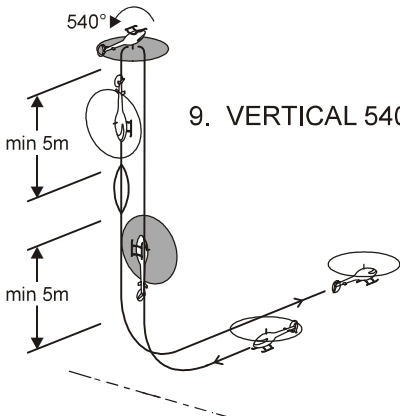
7. TWO LOOPS WITH HALF ROLLS



8. PUSHED FLIP WITH HALF ROLLS



9. VERTICAL 540° FLIP



10. "S" AUTOROTATION