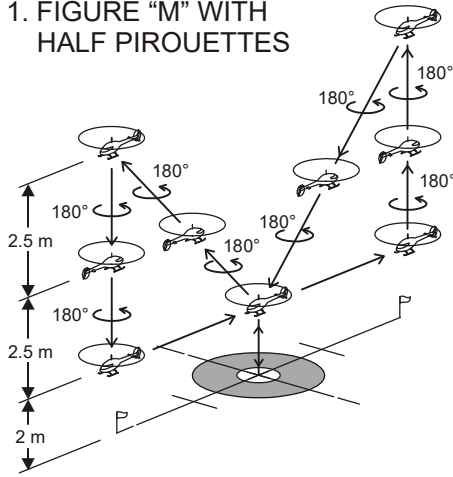
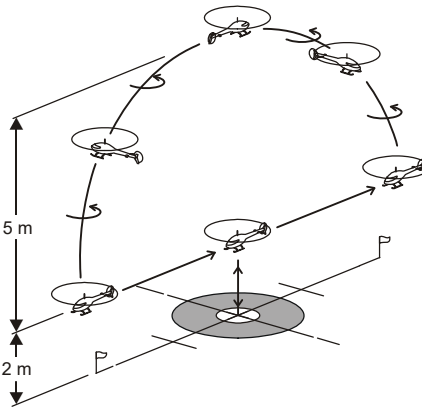


FIGURE 5D-P: F3C MANOEUVRE SCHEDULE P

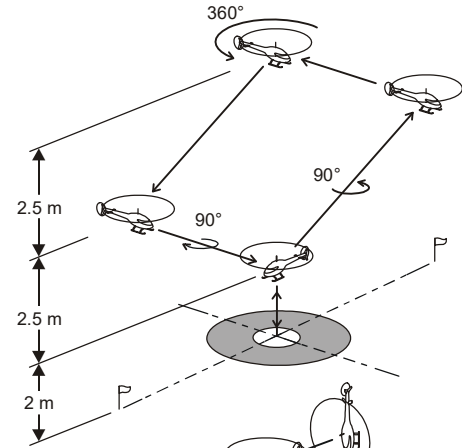
1. FIGURE "M" WITH HALF PIROUETTES



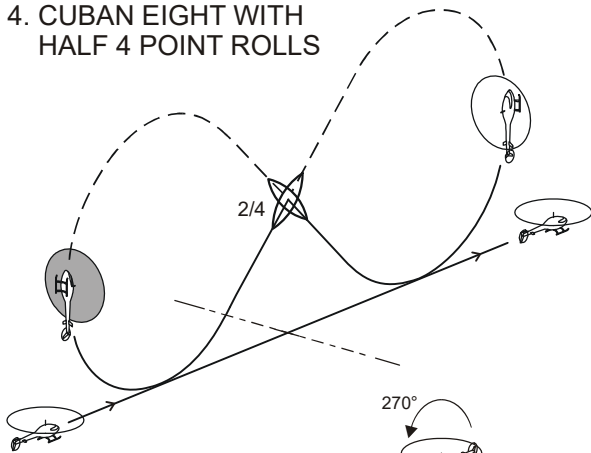
2. SEMI CIRCLE WITH PIROUETTE



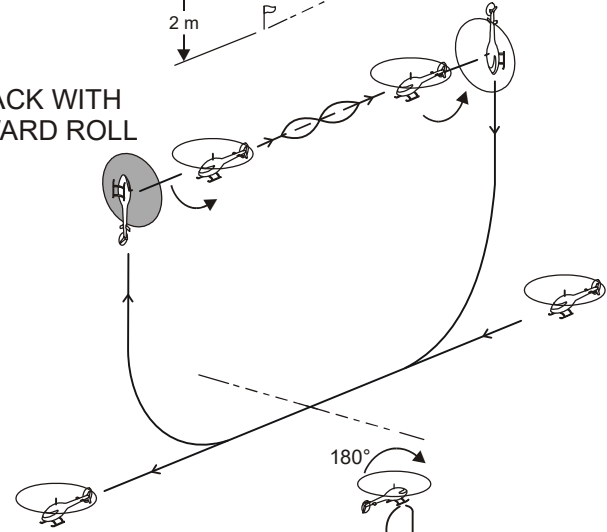
3. DIAMOND 3



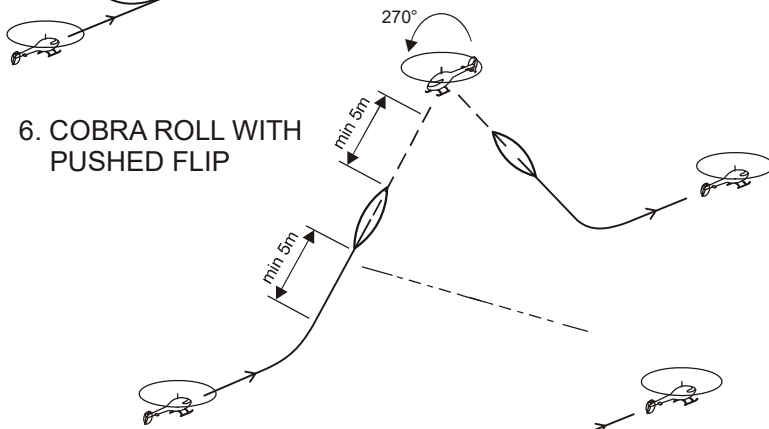
4. CUBAN EIGHT WITH HALF 4 POINT ROLLS



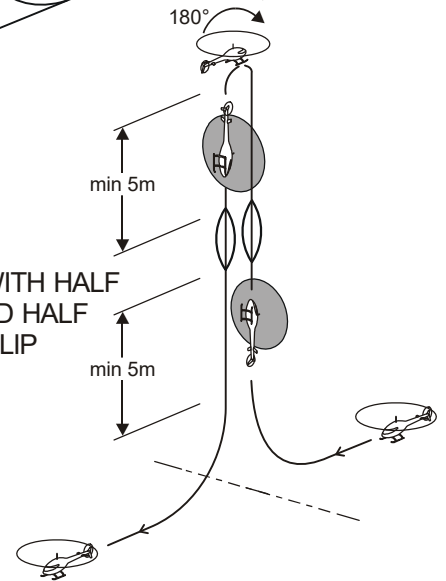
5. PULLBACK WITH BACKWARD ROLL



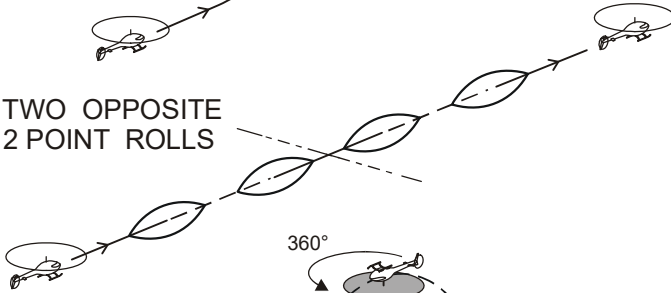
6. COBRA ROLL WITH PUSHED FLIP



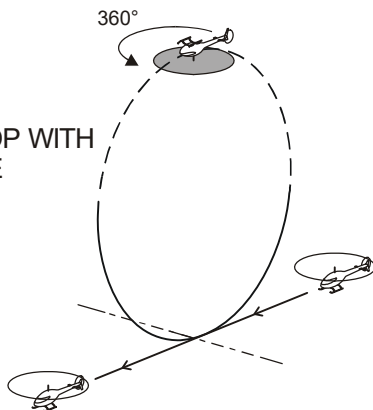
7. CANDLE WITH HALF ROLLS AND HALF PUSHED FLIP



8. TWO OPPOSITE 2 POINT ROLLS



9. INSIDE LOOP WITH PIROUETTE



10. AUTOROTATION WITH TWO 90° TURNS

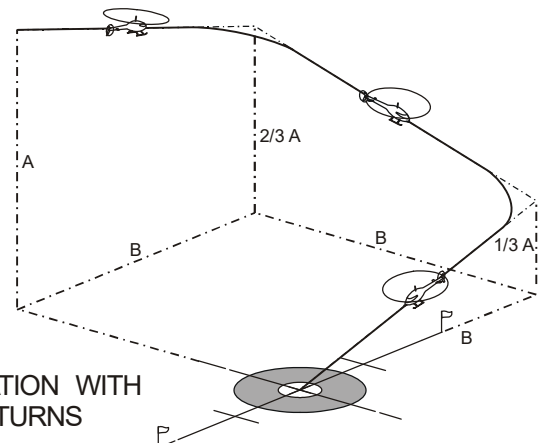


FIGURE 5D-F: F3C MANOEUVRE SCHEDULE F

